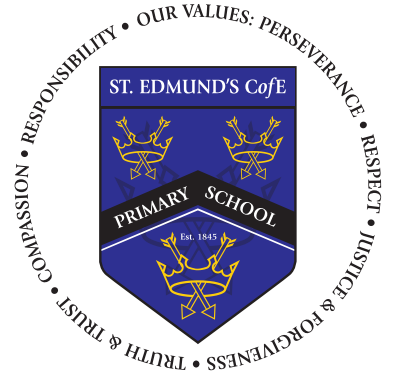




Relationships and Sex Education (RSE) Information for Parents and Carers

Dear Parents and Carers,

As part of our Personal, Social, Health and Economic (PSHE) Education curriculum, Year 5 and Year 6 pupils will be taking part in Relationships and Sex Education (RSE) lessons before the end of term. The Department for Education requires schools to teach children about the physical and emotional changes that occur as they grow and develop. These lessons help prepare pupils for puberty, support their wellbeing, and equip them for the transition to secondary school.

These lessons will be delivered in a sensitive and age-appropriate manner, reflecting our school vision of *'...a journey to discover life in all its fullness'* (John 10:10) and our commitment to supporting every child's wellbeing, dignity and flourishing.

The content to be covered is outlined below:

Year 5

- Understanding puberty and the physical and emotional changes that occur as children grow.
- Personal hygiene and self-care.
- Menstrual wellbeing and understanding periods.

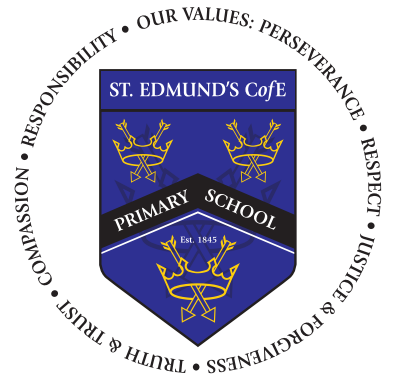
Year 6

- Recap of puberty and menstrual wellbeing.
- Human reproduction and age-appropriate conception, including the role of sperm, egg and reproductive organs.

We recognise that parents and carers play the most important role in supporting children as they grow and develop. To help you understand the content being taught and provide an opportunity to ask any questions, we will be holding an informal drop-in session on:

Thursday 25th June
3:30pm
Year 6 Classroom

You are warmly invited to attend.



Parental Rights

The lessons on puberty, human growth and development, and reproduction in plants and animals form part of the statutory Science and Health Education curriculum and pupils cannot be withdrawn from these elements.

Parents and carers do have the right to request that their child be withdrawn from the non-statutory aspects of Sex Education, specifically the Year 6 lesson on human conception. If you would like to discuss this further, please attend the drop-in session or contact the school office.

Thank you for your continued support as we work together to help our children become confident, informed and responsible young people.

*Learning through faith, we dream,
we believe and achieve.*

Yours sincerely,

Mrs Hands & Mrs Hird-Shaw

ST. EDMUND'S CofE

